

SPIRIT CHANNEL

Marla Mitchell

November 2016

I'm getting emails and messages from people who are genuinely upset and scared about their safety and well-being. People who have had horrible things said to them or their children. They are blaming anyone and everyone who voted for Trump. They want this fixed, they want those who voted for Trump to make it stop. They want to feel safe again...

I realize that what I'm going to say next may not help but it's what I believe and know in my heart. First and foremost, we are ALL Spiritual Beings having a human experience. We are all from the same source. We are all born innocent. Whatever happens to us from that point on... is our own responsibility when we become adults. We can't change our past but we can change WHO we are today. However, for anyone or anything to change, there has to be a recognition that change is necessary. I don't think very many people knew just how bad or to what depth the hatred was until Trump rose up in status. I believe that most of us couldn't even comprehend or fathom that his beliefs would be idolized to this degree.

Well, recognition is here! The unimaginable has happened and blaming your neighbors and loved ones who voted for him isn't going to help matters. In fact, it will only divide us further which is "exactly" what the Ego wants. Most people who voted for Trump do not share his values or beliefs and those "few" individuals who now feel they have the right to voice their racist, sexist, homophobic opinions openly have always been there, we just didn't see them or know they existed. Now we do! Now they have shown us exactly what we're dealing with.

We all have a choice. We can work together, stand strong and conquer the darkness or we can live in fear, hatred and blame which only feeds the Ego more. Might I remind you that EGO stands for, "**Edging God Out.**" We clearly see a problem in our world today. So, what are we going to do about it? Are we going to blame each other or are we going to get to work and fix it?

Fixing it begins with each of us in our own hearts. We need to let go of feae, anger and blame. When we act this way, it's like throwing our arms up in the air and saying... "Not my problem, it's yours." Well it IS our problem! We are all from the same source and when one or more of our human beings is hurting,

UPCOMING EVENTS

REIKI LEVEL I

COMING 2017

9:30 – 3:30 P.M.

\$250

DRUM HEALING, PSYCHIC MEDIUM AND MEDITATION WORKSHOP

COMING 2017

7:00 – 9:00 P.M.

\$60

RADIO SHOW

EVERY WEDNESDAY

8:00 – 9:00 A.M.

94.3 FM

(LISTEN LIVE OR GO TO MY
WEBSITE TO LISTEN TO
RECORDING).

CELESTIAL EVENTS

MERCURY RETROGRADES

Dec 19th – Jan 8th

we need to help. Hurt people, hurt others. It is a cry for help and we need to show them love, light and forgiveness. Right now that may seem impossible with all the hate going around but the change starts within each of us. Don't spread hate and fear. Spread love and understanding. Take the high road. When someone puts up a hate sign then you put up a LOVE sign.

Let's not play the Ego game. Please, let's have some compassion for those who are hurting and this includes Donald Trump, he's hurting or he wouldn't behave the way he does. May all your thoughts and actions begin in the heart. Shine your light bright for ALL to see. Namaste

Marla Mitchell

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For information about private sessions with Marla,

Workshops and Classes call: 970-223-3457

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